

HEALTHY
SMOOTHIES

Green *Detox* Smoothie

Spinach, Cucumber, Green Apple, Ginger,
Lemon Juice, Chia Seeds, Coconut Water.

Antioxidant *Berry* Smoothie

Blueberries, Raspberries, Strawberries, Beet-
root, Greek Yogurt, Honey, Almond Milk.

Tropical *Mango* Smoothie

Mango, Pineapple, Coconut, Turmeric, Vainilla
Extract, Cashew Milk.

Carrot & Orange
Immunity Smoothie

Carrot, Orange, Ginger, Turmeric,
Greek Yogurt, Almond Milk.

Pear & *Chia* Vanilla Smoothie

Pera, Vanilla Bean, Chia Seeds,
Honey, Coconut Milk.

PROTEIN
SMOOTHIES

Chocolate Banana
Protein Smoothie

Chocolate Protein Powder,
Banana, Almond Butter, Oat
Milk, Cinnamon.

Berry & Spinach
Protein Smoothie

Vanilla Protein Powder, Mixed
Berries, Spinach, Flax Seeds,
Coconut Water, Honey.

FRAPPES

Matcha *Almond* Frappe

Matcha Green Tea, Almond Butter,
Coconut Milk, Vanilla Extract, Ice.

Avocado *Cacao* Frappe

Avocado, Cocoa Powder, Banana,
Oat Milk, Maple Syrup, Ice.

Peach *Ginger* Frappe

Peach, Ginger, Greek Yogurt,
Honey, Iced Green Tea.

Pineapple *Coconut* Frappe

Pineapple, Coconut Milk, Lime
Juice, Honey, Ice.

Mango *Mint* Frappe

Mango, Fresh Mint, Greek
Yogurt, Honey, Ice.

Peanut *Butter* Mocha Frappe

Coffee, Chocolate Protein Powder,
Peanut Butter, Almond Milk, Ice.

NON-ALCOHOLIC
HEALTHY COCKTAILS

Cucumber *Mint* Refresher

Cucumber, Mint, Lime Juice,
Agave Syrup, Sparkling Water.

Pomegranate & Citrus

Jugo de granada, pomelo, agua con gas,
romero fresco, jarabe de agave.

Watermelon *Basil* Refresher

Watermelon, Basil, Lime Juice,
Honey, Coconut Water.

Pineapple *Ginger* Sparkler

Pineapple Juice, Ginger, Sparkling
Water, Lime Juice, Mint Leaves.

Apple Cider

Apple Cider, Lemon, Sparkling
Water, Cinnamon Stick, Honey.

MENU

Verade